

Morning Prayer

We pray slowly and reflectively

Lord, open our lips to bless you
**And our mouths shall proclaim
your praise**

Blessed are you, gracious God
We will give you glory and praise for ever!



This is the day the Lord has made;
We will rejoice and be glad in it.

Music may be played or a song sung

This I call to mind, and therefore I have hope:
**The steadfast love of the LORD never ceases;
His mercies never come to an end; They are
new every morning, new every morning; Great
is your faithfulness O Lord, great is your
faithfulness.**

The LORD is my portion, says my soul,
Therefore I will put my hope in him.

*We invite God to be enthroned in our lives and the
lives of our friends and family*

Almighty God, In view of your great mercy, We lay down our lives as a morning sacrifice to you. Choosing to die to self, we ask you to pour out your resurrection power through us, that Jesus may be revealed and your kingdom come, changing us and redeeming the world. Amen

*A psalm may be read or other devotional reading
Further prayer may be offered*

The Lord's Prayer (or a more traditional form)
**Our Father in heaven, Hallowed be your name,
Your kingdom come, Your will be done On
earth as in heaven. Give us today our daily
bread. Forgive us our sins As we forgive those
who sin against us. Lead us not into
temptation but deliver us from evil. Amen**

The Caleb Prayer

**O High King of Heaven, have mercy on our Land
and revive your Church. Send the Holy Spirit for
the sake of the lost, the least, and the broken.
May your kingdom come to our nation. May your
glory be known in all the earth. In Jesus' mighty
name, **Amen****

St Patrick's breastplate in a modern form

Christ as a light illumine and guide me. Christ as a shield overshadow me. Christ under me, Christ over me, Christ beside me, on my left and my right. This day be within and without me, Lowly and meek yet all-powerful. Be in the heart of each to whom I speak, And in the mouth of each who speaks to me. This day be within and without me, Lowly and meek yet all-powerful, Christ as a light, Christ as a shield, Christ beside me on my left and my right.

Pause as we look to those who will support us in the day ahead

**This day, may the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, evermore.
Amen**

Evening Prayer

We pray slowly and reflectively

Father, we come to You as the evening begins, to thank You for this day:

Thank you

For all human contact, face to face, over the phone or by other means:

Thank you

For encouragement, for new insights, for seeing more of You in creation:

Thank you

This is the day the Lord has made

Let us rejoice and be glad in it

Music may be played or a song sung

O God, from whom all holy desires, all good counsels, and all just works do proceed; Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of our enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. Amen



A New Testament passage may be read or other devotional readings

Further prayer may be offered

Prayer for Protection

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ. Amen

Almighty God, we acknowledge that You are woven into our day, our evening and our night.

Bless us this evening, and all that we are

Bless all those we meet

Bless our times of relaxation

Bless us with Your great gift of sleep.

Pause as we wait on God's blessing

We bless you, O Lord, who gives us counsel in the night. We open ourselves to you and you alone this night, to give us dreams, to give us visions, to refresh us, and to strengthen us.

Pause as we pray for God's presence in our rest

Lord Jesus, wherever spiritual, physical or emotional darkness touches me, I trust you to guard my heart, defend my body, and lighten my soul, for I believe and trust in you. I now commit this evening and this night to You, trusting You to be in them, whether speaking or silent, creative or resting. For you are my God and my King, my stronghold and my deliverer. Amen